



September W.H.S. Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast is FREE for Students</p> <p>Adults \$2.50</p>	<p>4 Breakfast Burrito</p> <p>Seasonal Fruit 100% Fruit Juice</p> <p>Daily Alternate Iced Cinnamon Roll & String Cheese</p>	<p>5 Whole Grain Biscuits w/Country Gravy</p> <p>Seasonal Fresh Fruit</p> <p>Daily Alternate Cereal Variety</p>	<p>6 Egg & Cheese on a Biscuit</p> <p>Seasonal Fruit 100% Fruit Juice</p> <p>Daily Alternate Bagel w/cream cheese</p>	<p>7 Breakfast Pizza</p> <p>Seasonal Fresh Fruit</p> <p>Daily Alternate Cereal Variety</p>
<p>10 Pancake on a Stick</p> <p>Seasonal Fresh Fruit</p> <p>Daily Alternate Cereal Variety</p>	<p>11 Sausage, Egg, Cheese English Muffin</p> <p>Seasonal Fresh Fruit 100% Fruit Juice</p> <p>Daily Alternate Iced Cinnamon Roll & String Cheese</p>	<p>12 Whole Grain Biscuits w/Country Gravy</p> <p>Seasonal Fresh Fruit</p> <p>Daily Alternate Cereal Variety</p>	<p>13 Belgian Waffles Sausage Patty</p> <p>Seasonal Fruit 100% Fruit Juice</p> <p>Daily Alternate Muffins & Yogurt</p>	<p>14 Southwest Egg & Cheese Breakfast Slider</p> <p>Seasonal Fresh Fruit</p> <p>Daily Alternate Cereal Variety</p>
<p>17 French Toast</p> <p>Seasonal Fresh Fruit</p> <p>Daily Alternate Cereal Variety</p>	<p>18 Ham, Egg & Cheese on a Biscuit</p> <p>Seasonal Fruit 100% Fruit Juice</p> <p>Daily Alternate Iced Cinnamon Roll & String Cheese</p>	<p>19 Whole Grain Biscuits w/Country Gravy</p> <p>Seasonal Fresh Fruit</p> <p>Daily Alternate Cereal Variety</p>	<p>20 Breakfast Burrito</p> <p>Seasonal Fruit 100% Fruit Juice</p> <p>Daily Alternate Bagel w/cream Cheese</p>	<p>21 Breakfast Pizza</p> <p>Seasonal Fresh Fruit</p> <p>Daily Alternate Cereal Variety</p>
<p>24 Pancake on a Stick</p> <p>Seasonal Fresh Fruit</p> <p>Daily Alternate Cereal Variety</p>	<p>25 Egg, Cheese Biscuit</p> <p>Seasonal Fruit 100% Fruit Juice</p> <p>Daily Alternate Iced Cinnamon Roll & String Cheese</p>	<p>26 Whole Grain Biscuits w/Country Gravy</p> <p>Seasonal Fresh Fruit</p> <p>Daily Alternate Cereal Variety</p>	<p>27 Belgian Waffles Strawberries</p> <p>Seasonal Fruit 100% Fruit Juice</p> <p>Daily Alternate Muffins & Yogurt</p>	<p>28 Scramble Eggs w/Cheddar Cheese & Diced Ham Biscuit</p> <p>Seasonal Fresh Fruit</p> <p>Daily Alternate Cereal Variety</p>

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.

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